Gold Coast Swim team Fall and Winter Practice Schedule

Seniors: \$65.00 per month Unlimited Practices Mon.-Fri. 3:45-5:30pm Tues. & Thurs. 6:00-7:00am

Saturdays- TBA

Pre-Seniors: \$55.00 per month

Up to 6 Practices per week. Same time as seniors

Mon.-Fri. 3:45-5:30pm Tues. & Thurs. 6:00-7:00am Saturdays-TBA

Advance: \$55.00 per month Up to 5 practices per week Mon.-Fri. 3:45-5:15pm Saturdays- TBA

Beginning: \$45.00 per month Up to 4 practices per week Mon.-Fri. 3:15-4:45pm

Friday is free time for Beginners after 20 minutes of instructional time

Novice: \$40.00 per month
Up to 3 practices per week
Mon.-Fri. 3:15-4:45pm
**Friday is free time for Novice after
20 minutes of instructional time**

Practice groups are assigned by the coaches. Changes will be made as the coaches feel it is necessary and beneficial to the swimmer.

Masters Swimmers
For swimmers 18 years and older. For more information, please contact:

Ralph Mohr @ 541-269-1565 cmohr1565@charter.net

GOLD COAST SWIM TEAM

www.orgcst.com

Gold Coast Swim Team is a youth swim team offering competitive swimming and opportunities for girls and boys. GCST is a year round, non-profit club, and is a member of USA swimming.

For more information please call: Coach Kathe McNutt 541-297-3093

Mini Meets

11:00 am- 12:00 Noon June 28th July 12th July 26th

Guppy Summer Program

Time: 11:00am – 12:00 Noon
Dates: June 19th – August 3rd
Monday- Friday
Cost: \$150.00

BIG KAHUNA SWIM MEET

August 3-5 2017 Pool is closed to public at 7am

WE WILL BE CLOSED

Maintenance work from August 4th- October 15th

Mingus Park Pool

June 19, 2017 Through August 3, 2017

Our aquatics staff welcomes you to Mingus Park Pool. The pool is open seven days a week offering activities for all ages and interest levels. We have something "FUN" and "HEALTHY" for everyone!



Pool Manager: Kathe McNutt Office Hours: 12:30-2:00

OVER 50 YEARS OF SERVICE 541-267-1360 725 N. 10TH ST. COOS BAY, OR 97420

LAP SWIM SCHEDULE FOR SUMMER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-7:00 AM	LAP SWIM	*****	*****				
7:00-9:00 AM	SWIM TEAM	LAP SWIM	LAP SWIM				
12:00-1:30 PM	LAP SWIM	LAP SWIM					
1:30-4:00 PM	PUBLIC SWIM	*****					
4:00-5:30PM	SWIM TEAM	******	******				
5:30-7:00PM	LAP SWIM						

FEES

Youth (17 & under)	\$3.00
Adult (18 to 59)	\$4.00
Senior Citizens (60 & over)	\$3.00
Active Military	\$3.00
Showers Only	\$3.00

Punch Cards	10	20	30	<u>50</u>
Youth & Senior	s \$27	\$55	\$78	\$125
Active Military	\$27	\$55	\$78	\$125
Adult	\$35	\$68	\$99	\$150

Swim Passes

30 Day-\$ 45 you may add a family member for \$15.00 90 Day-\$125 you may add a family member for \$30.00 1 yr.-\$300 you may add a family member for \$65.00

Summer Passes

Youth Summer Pass (17 & under) \$ 85.00 Family Summer Pass (4 immediate) \$175.00 \$ 37.50 Add an extra family member for

Pool Rental

The pool is available to rent for private parties for all occasions. The cost is listed below. When you rent the pool you get the whole facility: pool, deck and lobby for your personal use. No alcohol is allowed.

Summer rental times

Saturday 9-11am or 4:30-7:00pm Sunday 9-11am or 1:30-7:00pm

Prices for rental

\$50.00 per hour for up to 30 people, over 30 please add \$15.

\$15.00 per ½ hour for just deck or lobby time.

SUMMER FUN

STARFISH: Mon-Fri 10am-12N

6pm-7pm

LEVELS 1-10: Mon-Fri 9am-12N

6pm-7pm

All sessions are \$40.00 & 2 weeks long.

Session One: June 19th - June 30th

Session Two: July 3rd – July 14th

Session Three: July 17th – July 28th

Monday Night Madness 7-9pm

We are providing an evening of FREE family swim. The first half hour will be a swim class or safety program and the remaining time will be free swim. Mondays are: June 19th and 26th

July 3rd, 10th, 17th, 24th