

CITY OF COOS BAY CITY COUNCIL
Agenda Staff Report

MEETING DATE	AGENDA ITEM NUMBER
June 21, 2016	

TO: Mayor Shoji and City Councilors
FROM: Jim Hossley, Director Public Works *JH*
THROUGH: Rodger Craddock, City Manager *RC*
ISSUE: Recommended Exercise Equipment for John Topits Park

BACKGROUND:

Mr. Don Hynes, an interested and energetic citizen, has a vision for placement of several pieces of exercise equipment in John Topits Park. Mr. Hynes discussed his vision with the City's Park Commission on a couple of occasions in 2015. Mr. Hynes started a fund raising campaign to get money for the exercise equipment. He donated his personal funds, acquired some additional donations, plus successfully acquired a \$7000 Coquille Tribal Community Fund grant. In total he has been able to fund raise \$9,125 (grant + donations) all on deposit with the City. On March 15, 2016, the City Council accepted the Coquille Tribal Community Fund Grant for the John Topits Park outdoor exercise equipment. The Parks Commission was directed to recommend what pieces to purchase with the available funds (grant + donations = \$9,125.00). The two pieces recommended by the Parks Commission are 1) a 2-Person Wheelchair Accessible Chest Press and 2) a 4-Person Leg Press. The two pieces will be \$9,780 to purchase, which is \$655 more than the amount raised by Mr. Hynes.

Mr. Hynes vision is to have various pieces of exercise equipment placed at approximately half-mile intervals along the trail system in John Topits Park. The manufacturer and the Parks Commission recommends the exercise equipment be placed in one location. One benefit of grouping the equipment is it minimizes installation and maintenance costs.

ADVANTAGES:

John Topits Park will be set up to offer fixed outdoor exercise equipment for people visiting the park and will help to encourage physical fitness.

DISADVANTAGES:

None

BUDGET IMPLICATIONS:

Through the efforts of Mr. Hynes, \$9,125 in grant and donation funds is currently available for the purchase of the two pieces of exercise equipment. The City will need to provide an additional \$655.00 if we are to purchase the two pieces recommended by the Parks Commission. This

additional expense was not budgeted for in the FYE 2017 Parks materials and services fund or the Parks Improvement Fund. Staff recommends the funds come from the FYE 2017 Parks material and services fund, which will leave slightly less for other park maintenance activities.

ACTION REQUESTED:

If it pleases Council, approve of the purchase of the two outdoor gym work stations recommended by the Parks Commission.

ATTACHED:

Greenfields Outdoor Fitness equipment brochure showing 1) 2-Person Wheelchair Accessible Chest Press and 2) 4-Person Leg Press.

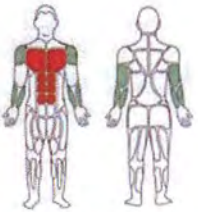
Greenfields Outdoor Fitness.

Promoting Wellness & Fighting Obesity One Community at a Time.™

TWO-PERSON ACCESSIBLE CHEST PRESS

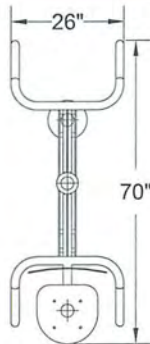
GR2005-1-48A-W

U.S. Patent 9,079,069 B1



Target muscles
Secondary muscles

Strengthens chest, shoulders, upper and mid abs, forearms and triceps



greenfieldsfitness.com/accessible-chest-press-video.html



VIEW THE VIDEO



Wheelchair-accessible side can also be used by able-bodied individuals!



In order to honor our commitment to quality and safety, Greenfields Outdoor Fitness reserves the right to make changes and revise the design specifications without notice.

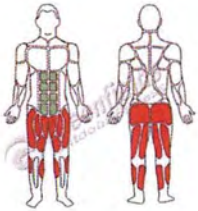
© 2015 Greenfields Outdoor Fitness



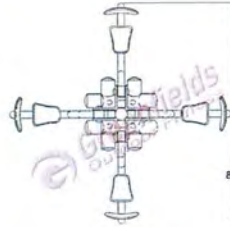
Promoting Wellness & Fighting Obesity One Community at a Time.™

FOUR-PERSON LEG PRESS

GR2005-1-104N



- Strengthens abdominals and leg muscles, particularly quads and calves
- Great social activity
- Can be used by four people simultaneously



VIEW THE VIDEO



greenfieldsfitness.com/four-person-leg-press-video.html



In order to honor our commitment to quality and safety, Greenfields Outdoor Fitness reserves the right to make changes and revise the design specifications without notice.

© 2015 Greenfields Outdoor Fitness